



Event Calendar

May 2024

01 — Wednesday

- 18:30 — 20:00 SRG 2024 6.30pm Wednesday All Abilities Group
- 19:00 — 20:30 SRG 2024 7.00pm Wednesday Short & Slow All Abilities
- 19:30 — 20:30 SRG 2024 7.30 Intermediate/Intervals Wednesday Group

02 — Thursday

- 05:00 — 06:00 SRG 2024 5am Thursday Run

03 — Friday

No events

04 — Saturday

- 05:00 — 08:00 SRG On Tour in the City

05 — Sunday

- 05:00 — 07:00 SRG 2024 5am Sunday Long Run

06 — Monday

- 06:00 — 07:00 SRG 2024 5am Monday Run
- 17:30 — 18:30 SRG 2024 5.30pm Walking Group
- 18:30 — 20:00 SRG 2024 6.30pm Monday All Abilities Group
- 19:00 — 20:30 SRG 2024 7.00pm Monday Short & Slow All Abilities

07 — Tuesday

- 05:00 — 06:00 SRG 2024 5am Tuesday Run

08 — Wednesday

- 05:00 — 06:00 SRG 2024 5am Wednesday Run
- 18:30 — 20:00 SRG 2024 6.30pm Wednesday All Abilities Group
- 19:00 — 20:30 SRG 2024 7.00pm Wednesday Short & Slow All Abilities
- 19:30 — 20:30 SRG 2024 7.30 Intermediate/Intervals Wednesday Group

09 — Thursday

05:00 — 06:00 SRG 2024 5am Thursday Run

17:00 — 18:00 McGrath Kids Group

10 — Friday

No events

11 — Saturday

05:00 — 07:00 SRG 2024 5am Saturday Run

12 — Sunday

05:00 — 07:00 SRG 2024 5am Sunday Long Run

15:30 — 17:00 2024 Sunday Trail Run

13 — Monday

05:00 — 06:00 SRG 2024 5am Monday Run

17:30 — 18:30 SRG 2024 5.30pm Walking Group

18:30 — 20:00 SRG 2024 6.30pm Monday All Abilities Group

19:00 — 20:30 SRG 2024 7.00pm Monday Short & Slow All Abilities

14 — Tuesday

05:00 — 06:00 SRG 2024 5am Tuesday Run

15 — Wednesday

05:00 — 06:00 SRG 2024 5am Wednesday Run

18:30 — 20:00 SRG 2024 6.30pm Wednesday All Abilities Group

19:00 — 20:30 SRG 2024 7.00pm Wednesday Short & Slow All Abilities

19:30 — 20:30 SRG 2024 7.30 Intermediate/Intervals Wednesday Group

16 — Thursday

05:00 — 06:00 SRG 2024 5am Thursday Run

17:00 — 18:00 McGrath Kids Group

17 — Friday

No events

18 — Saturday

05:00 — 07:00 SRG 2024 5am Saturday Run

06:30 — 08:00 SRG 2024 6.30am Saturday Trail Run

19 — Sunday

05:00 — 07:00 SRG 2024 5am Sunday Long Run

15:30 — 17:00 2024 Sunday Trail Run

20 — Monday

05:00 — 06:00 SRG 2024 5am Monday Run

17:30 — 18:30 SRG 2024 5.30pm Walking Group

18:30 — 20:00 SRG 2024 6.30pm Monday All Abilities Group

19:00 — 20:30 SRG 2024 7.00pm Monday 4-6km All Abilities Group

21 — Tuesday

05:00 — 06:00 SRG 2024 5am Tuesday Run

22 — Wednesday

05:00 — 06:00 SRG 2024 5am Wednesday Run

18:30 — 20:00 SRG 2024 6.30pm Wednesday All Abilities Group

19:00 — 20:30 SRG 2024 7.00pm Wednesday Short & Slow All Abilities

19:30 — 20:30 SRG 2024 7.30 Intermediate/Intervals Wednesday Group

23 — Thursday

05:00 — 06:00 SRG 2024 5am Thursday Run

17:00 — 18:00 McGrath Kids Group

24 — Friday

No events

25 — Saturday

05:00 — 07:00 SRG 2024 5am Saturday Run

26 — Sunday

05:00 — 07:00 SRG 2024 5am Sunday Long Run

15:30 — 17:00 2024 Sunday Trail Run

27 — Monday

05:00 — 06:00 SRG 2024 5am Monday Run

17:30 — 18:30 SRG 2024 5.30pm Walking Group

18:30 — 20:00 SRG 2024 6.30pm Monday All Abilities Group

19:00 — 20:30 SRG 2024 7.00pm Monday Short & Slow All Abilities

28 — Tuesday

05:00 — 06:00 SRG 2024 5am Tuesday Run

29 — Wednesday

05:00 — 06:00 SRG 2024 5am Wednesday Run

18:30 — 20:00 SRG 2024 6.30pm Wednesday All Abilities Group

19:00 — 20:30 SRG 2024 7.00pm Wednesday Short & Slow All Abilities

19:30 — 20:30 SRG 2024 7.30 Intermediate/Intervals Wednesday Group

30 — Thursday

05:00 — 06:00 SRG 2024 5am Thursday Run

17:00 — 18:00 McGrath Kids Group

31 — Friday

No events

June 2024

01 — Saturday

06:30 — 08:00 SRG 2024 6.30am Saturday Trail Run

02 — Sunday

No events

03 — Monday

No events

04 — Tuesday

No events

05 — Wednesday

No events

06 — Thursday

No events

07 — Friday

No events

08 — Saturday

No events

09 — Sunday

No events

10 — Monday

No events

11 — Tuesday

No events

12 — Wednesday

No events

13 — Thursday

No events

14 — Friday

No events

15 — Saturday

No events

16 — Sunday

No events

17 — Monday

No events

18 — Tuesday

No events

19 — Wednesday

No events

20 — Thursday

No events

21 — Friday

No events

22 — Saturday

No events

23 — Sunday

No events

24 — Monday

No events

25 — Tuesday

No events

26 — Wednesday

No events

27 — Thursday

No events

28 — Friday

No events

29 — Saturday

No events

30 — Sunday

No events